



SOUTH NIAGARA ROWING CLUB

26-200 Fitch Street, Suite 225, Welland, Ontario, Canada L3C 4V9
www.southniagararowingclub.ca email: info@southniagararowingclub.ca



Athlete's Code of Conduct

At the South Niagara Rowing Club, we expect athletes to strive to reach their potential and encourage them to participate in the sport of rowing. It is expected that the rowing experience will be enjoyable to the athlete, provide an opportunity for them to develop individual skills while learning the values of good sportsmanship, team play, competition, loyalty and dedication.

Participation in rowing is a privilege and not a right for our athletes. Athletes from the South Niagara Rowing club must be drug, alcohol and tobacco free. We have a zero tolerance policy regarding the possession or use of illegal drugs, as well as a zero tolerance policy regarding the possession or use of tobacco and alcohol for minor aged athletes.

We expect athletes to represent their school, region, community, and club with dignity, respect and good sportsmanship. This is particularly important at all regattas and regatta trips. No minor, or individual participating in a junior program, is allowed in a hotel room of the opposite sex without a chaperone or their parent present at all times. No horseplay will be tolerated during any regatta trips.

In addition, all athletes must:

- ❖ Treat officials, coaches, opponents, teammates and volunteers with respect,
- ❖ Control their emotions at all times and never argue with officials or volunteers,
- ❖ Accept decisions as they are made and abide by them,
- ❖ Never swear, cheat or 'grandstand',
- ❖ Keep physically and mentally fit and observe training rules set by their coach, and
- ❖ Represent the South Niagara Rowing Club with respect and dignity at all times.

Penalties for violations of this Code, when reported by law enforcement, club personnel, club officials or volunteers, or parents/guardians of the athlete(s) involved in the violation, shall be imposed during the athlete's current season and may be carried over if necessary. When athletes are suspended, they are suspended from **all** rowing activities for that length of time.

Athletes will discuss the Code of Conduct and the South Niagara Rowing Club Rules with their coaches/advisors, parents/guardians and teammates, and will



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make a commitment to the rules and the code by signing it at the beginning of the season.

The South Niagara Rowing Club reserves the right to enforce the Code at any time and with any level of penalty when it is deemed that an athlete's behaviour detracts from the image and standards of the club. A penalty may be extended to include another season or the next year, at the discretion of the Board of Directors.

Consequences

The consequences for not following the Code of Conduct:

- First offence:** Immediate 3 day suspension, which includes removal from water and all rowing club activities, including regattas
- Second offence:** Immediate 10 day suspension, which includes removal from water and all rowing club activities, including regattas
- Third offence:** Immediate suspension from the South Niagara Rowing Club for the rest of the year.

Offenses at any Regatta, or during any Regatta trip will supersede the above consequences:

- First offence:** In addition to an immediate 3 day suspension (as above) the athlete will be removed from that regatta if the athlete has any races left to complete. If the athlete is finished racing, then they will not be allowed to compete in any events at the next regatta. The athlete must reimburse the South Niagara Rowing club in full for any entry fees and/or scratch fees, including team entries, of all incomplete races. The athlete will not be allowed to enter any regatta until all payment is received.
- Second offence:** Removal from the South Niagara Rowing Club for the year.

Decisions made regarding the enforcement of the Code will be communicated to the athlete and his/her parents/guardians. The athlete or the parent may request a review by the Executive Board by contacting the President, within thirty (30) days of the notice.